

State of Well-Being

State, City & Congressional District Well-Being Report

Wyoming





Gallup-Healthways Well-Being Index®

The Gallup-Healthways Well-Being Index (WBI) is the preeminent source for health and well-being data in the United States. Surveying 1,000 Americans a day, 350 days a year, the WBI is the first and most comprehensive survey of its kind, providing the largest database of behavioral economic metrics. It's the only measure of total well-being in existence today.

The WBI gives governments, communities, employers and health plans unmatched insight into the health of their populations. Leaders are using the WBI findings to quantify and benchmark the well-being of their employees and citizens to inform decisions regarding health benefits, work environments, corporate culture and community investment.

With three years of data collection and surveys of more than 1.1 million Americans, the WBI has garnered significant national and international recognition. The WBI and associated City, State and Congressional District Reports provide leaders with the intelligence they need to assess and enhance health, happiness and productivity. Over the next quarter century, the WBI will survey more than 9 million people in the United States, providing timely and in-depth information about Americans' health and well-being.

Methodology

The research and methodology underlying the Gallup-Healthways Well-Being Index and the State and Congressional District Well-Being Reports are based on the World Health Organization definition of health, which is, "...not only the absence of infirmity and disease but also a state of physical, mental and social well-being."

To compile the Well-Being Index, Gallup obtains completed interviews from 1,000 U.S. adults nationally, seven days a week, excluding only major holidays. Based on their response, individuals and communities receive an overall well-being composite score and a score of each of six sub-indices including life evaluation, emotional health, physical health, healthy behavior, work environment and basic access.

Changes in condition can be tracked over time, and the introduction of both controlled and uncontrolled variable considered. Discrete populations can also be ranked one against another for a stratified view of their relative well-being.

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State of Wyoming Well-Being

Ranking from data collected January 2, 2010 – December 30, 2010

	Result		Rank	
	2009	2010	2009	2010
Well-Being Overall	67.2	69.2	14	2
Life Evaluation	46.6	54.2	29	4
Emotional Health	80.6	81.6	8	4
Physical Health	76.1	79.0	30	4
Healthy Behavior	65.9	64.8	7	18
Work Environment	53.0	52.2	4	4
Basic Access	81.3	83.4	32	17

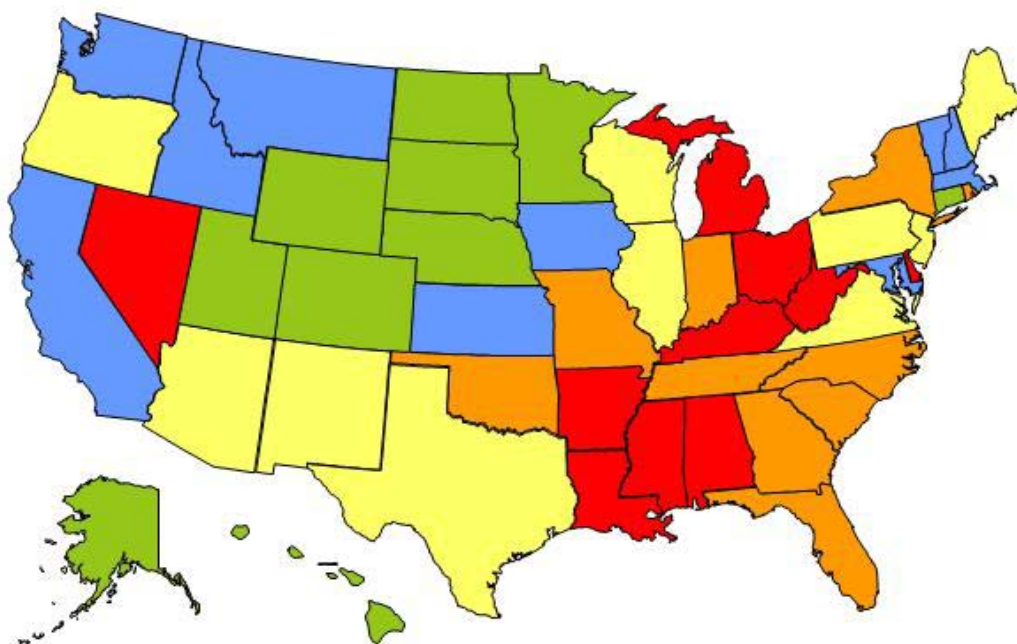
- 1 HI
- 2 WY**
- 3 ND
- 4 AK
- 5 CO
- 6 MN
- 7 SD
- 8 UT
- 9 CT
- 10 NE
- 11 MA
- 12 WA
- 13 MD
- 14 MT
- 15 NH
- 16 KS
- 17 VT
- 18 CA
- 19 IA
- 20 ID
- 21 VA
- 22 WI
- 23 NM
- 24 NJ
- 25 ME
- 26 IL
- 27 TX
- 28 OR
- 29 AZ
- 30 PA
- 31 GA
- 32 NY
- 33 RI
- 34 MO
- 35 SC
- 36 NC
- 37 FL
- 38 OK
- 39 IN
- 40 TN
- 41 MI
- 42 LA
- 43 NV
- 44 DE
- 45 OH
- 46 AL
- 47 AR
- 48 MS
- 49 KY
- 50 WV

2010 WELL-BEING STATE RANKING

*#1 is the top Rank and 50 the bottom

*#0 is the bottom Result and 100 the top (see methodology for descriptions)

*Source: Gallup-Healthways Well-Being Index Survey 2010, n = 352,840 and 2009, n = 353,849



■ TOP QUINTILE
 ■ 2ND QUINTILE
 ■ 3RD QUINTILE
 ■ 4TH QUINTILE
 ■ 5TH QUINTILE

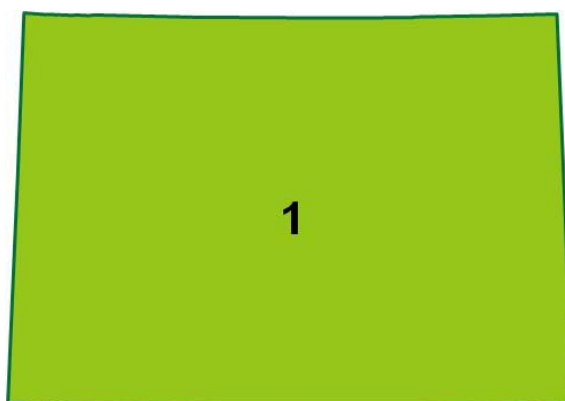
Wyoming Congressional District Rankings

Ranking from data collected January 2, 2010 – December 30, 2010

		WY-01	STATE
Overall Rank	2010	46	2
	2009	131	14
Life Evaluation	2010	73	4
	2009	254	29
Emotional Health	2010	27	4
	2009	50	8
Physical Health	2010	81	4
	2009	267	30
Healthy Behavior	2010	151	18
	2009	46	7
Work Environment	2010	51	4
	2009	75	4
Basic Access	2010	138	17
	2009	289	32

*Ranking of 436 Congressional Districts

*Source: Gallup-Healthways Well-Being Index Survey 2010, n = 352,840 and 2009, n = 353,849



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 ■ 3RD QUINTILE
 ■ 4TH QUINTILE
 ■ 5TH QUINTILE

State Congressional District Definitions

One At Large

**Source: Wikipedia.org 2010, Congressional District Definitions*

About the State, Congressional District & City Reports

Survey Dates:	January 2, 2010 through December 30, 2010	
Sample Information:	Total Surveys:	352,840 respondents aged 18 and older
	Maximum Sample Size:	Cities: 14,793 respondents States: 35,543 respondents Congressional Districts: 2,073 respondents
	Minimum Sample Size:	Cities: 324 respondents States: 974 respondents Congressional District: 300 respondents *
Margin of Error:	For results based on the overall 352,840 respondents, one can say with 95% confidence that the maximum margin of sampling error is ± 0.2 percentage points. <ul style="list-style-type: none">• For results based on 5,000, ± 1.4 percentage points• For results based on 1,000, ± 3.1 percentage points• For results based on 500, ± 4.4 percentage points• For results based on 300, ± 5.7 percentage points	

Composite Result:
0 (bottom) – 100 (top) Scale

In addition to sampling error, question wording and practical difficulties in conducting surveys can introduce error or bias into the findings of public opinion polls.

The Well-Being Index composite result is an average of six domains: life evaluation, emotional health, physical health, healthy behaviors, work environment and basic access. Among states, overall Well-Being Index results ranged from a high of 71.0 (Hawaii) to a low of 61.7 (West Virginia). The 2010 national average for Well-Being was 66.8, Life Evaluation - 49.8, Emotional Health – 79.3, Physical Health – 76.9, Healthy Behaviors - 64.1, Work Environment – 48.2 and Basic Access - 82.3.

Position Scale:

For detailed descriptions of the domains, visit the methodology section of www.well-beingindex.com.

Each State is positioned from 1-50, based on composite scores as compared to all States; Each Congressional District is positioned from 1-436, based on composite scores as compared to all Congressional Districts; Each City (Metropolitan Statistical Area) is positioned from 1-188, based on composite scores as compared to all Cities.

The survey methods for Gallup-Healthways Well-Being Index® relies on live (not automated) interviewers, dual-frame random-digit-dial (RDD) sampling (which includes landlines as well as wireless phone sampling to reach those in wireless-only households), and a random selection method for choosing respondents within a household. Additionally, daily tracking includes Spanish-language interviews for respondents who speak only Spanish, includes interviews in Alaska and Hawaii. The data are weighted daily to compensate for disproportional ties in selection probabilities and non-response. The data are weighted to match targets from the U.S. Census Bureau by age, sex, region, gender, education, ethnicity and race.

The Gallup-Healthways Well-Being Index Composite Score is comprised of six sub-indices: Life Evaluation, Emotional Health, Physical Health, Healthy Behavior, Work Environment and Basic Access. The Life Evaluation Sub-Index is partially based on the Cantril Self-Anchoring Striving Scale and combines the evaluation of one's present life situation with one's anticipated life situation five years from now. The Emotional Health Sub-Index is primarily a composite of respondents' daily experiences, asking respondents to think about how they felt yesterday along nine dimensions. The Physical Health Sub-Index is comprised of questions related to: Body Mass Index, disease burden, sick days, physical pain, daily energy, history of disease and daily health experiences. The Healthy Behavior Sub-Index includes items measuring life style habits with established relationships to health outcomes. The Work Environment Sub-Index surveys workers on several factors to gauge their feelings and perceptions about their work environment. The Basic Access Sub-Index is based on thirteen items measuring resident's access to food, shelter, healthcare and a safe and satisfying place to live.

